# Woodside Warbler



<u>Woodside Church of England Primary</u> <u>School</u> Tel—01827 715507

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Issue 9

It is so lovely to have a school full of children again! Attendance in the first week back was an impressive 99.1%. Compared to the national average of 95.5%.

We do appreciate that these first few weeks back in school are a transition and some children and families are finding things a little tricky. We are certainly seeing some very tired children towards the end of each week!

All of the children are settling back into learning routines and we are providing extra support where this is needed; we now have a very experienced pastoral team, comprising of Miss Smallwood, Mrs Beales, Mrs King and Mrs Day, who are able to provide help in a number of ways.

After the Easter break, each class teacher will prepare the summer term information for their class which will contain information on expectations on homework, PE days, curriculum areas being taught as we continue hopefully on the journey towards more "normal" school practices. This information will be sent home and will also be available on the school website.

## <u>Healthy Me</u>

In PSHE this half term we are looking at 'Healthy Me'. The areas we are covering are -

- I have made a healthy choice
- I have eaten a healthy, balanced diet
- I have been physically active,
- I have tried to keep myself and others safe
- I know how to be a good friend and enjoy healthy friendships
- I know how to keep calm and deal with difficult situations

To promote this we would like to invite you to send photos of examples of the above into school for us to upload onto our pastoral page on our website. Photos can be emailed to admin@woodside.heartwoodmat.co.uk

## <u>Sleep</u>

We have noticed a few children becoming tired in school. We appreciate how hard it is to get back into a routine after being at home but it is so important that children get their required amount of sleep. As it is World Sleep Day on Friday 19<sup>th</sup> March, we have uploaded a sleep information sheet and a link to a YouTube video onto the "pastoral page" of our website, which contains some useful tips and ideas. The school health team and also the family information service can also provide additional support if needed. All telephone numbers for these services can be found on our website.

## Pastoral Support in School

If your child is experiencing any difficulties i.e. anxiety, sleep, behavioural difficulties, eating etc ,please let the school know. We have a pastoral team at Woodside - Miss Smallwood (mental health ,first aider and pastoral lead), Mrs Beales (SENCO), Mrs Day (mental health and first aider), Mrs King (family support worker). In addition to this ,all of our staff who work with children, including teachers, TAs, Woodpeckers staff, lunchtime staff and office staff, have been trained to support mental health and wellbeing. You can either contact the pastoral team by ringing the school office or by emailing <u>pastoralsupport@woodside.heartwoodmat.co.uk</u>. The pastoral page on our website also contains some very useful information and contact details of external organisations i.e. the family information service.



#### Mother's Day Gift Sale

The Mother's Day Gift Sale organised by Mrs Sandland raised £135.42, bringing the total raised for the School Council's nominated charity this year to £605.98.. This is an amazing total, given the unusual circumstances due to Covid. Thank you!

The School Council have nominated Cancer Research as their nominated charity for this year.

#### <u>Reminder</u>

If a family member in the house is showing Covid symptoms, then the child should not be in school.

### School Uniform

We appreciate that children may have grown, particularly their feet, over lockdown so please don't worry too much about shopping for new uniform whilst the shops are still closed.

We will expect everyone to have full uniform when we return after the Easter holidays and all shops have re-opened.



#### **Government Sports Premium**

We are using our Government Sports Premium Funding to provide curriculum gymnastic sessions for Maple and Larch classes run by Premier Education.

We are also using this funding to provide a series of free after school gymnastic sessions for children in Larch class.

