
















# WEEK 1 MENU

w/c 01/11, 22/11,  
13/12



|               | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---------------|---|--|---|--|--|
|               | WORLD FOOD DAY<br>Italian   | PLANET EARTH DAY   | ORIGINALS DAY   | STREET FOOD DAY  | FRIDAY FAVOURITES  |
| MAIN 1        | Mac n Cheese                                     | Spicy Bean Burger                                   | Roast Chicken   | Pasta Bolognese  | Choose from:<br>Oven Baked Fish<br>Fingers   |
| Main 2        | Cheese & Tomato<br>Omelette   | Quorn Sausage Pattie<br>Burger                      | Roasted Quorn Fillet<br>& Gravy                  | Cheese & Tomato<br>Pizza    | Hot Dogs                                      |
| Carbohydrates | Garlic Bread Slices   | New Potatoes or<br>Wholemeal Penne<br>Pasta         | Roasted Potatoes or<br>Wholemeal Penne<br>Pasta  | Boiled White and<br>Brown Rice or<br>Wholemeal Penne<br>Pasta             | Oven Baked Chips   |
| Vegetables    | Mixed Salad   | Green Beans  | Fresh Carrots<br>Broccoli Florets   | Roasted Sweetcorn  | Garden Peas<br>Baked Beans <br>Mixed Salad  |
| Desserts      | Fresh Cut Fruit<br>Wedges<br>Organic Yoghurts  | Apple Crumble<br>and Custard<br>Organic Yoghurts  | Watermelon Lollies<br>Organic Yoghurts         | Strawberry Frozen<br>Yoghurt<br>Fresh Fruit Wedges<br>Organic Yoghurts  | Freshly Made<br>Cookie<br>Organic Yoghurts  |

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



**Future 50** Contains one or more of the top 50 most sustainable foods in the world!



**Vegetarian**



**Vegan**



**Organic**














For allergen content please speak to member of staff who will be happy to assist



# WEEK 2 MENU

w/c 8/11, 29/11



|               | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  |
|---------------|--|---|---|---|---|
|               | ORIGINALS DAY  | STREET FOOD DAY   | ORIGINALS DAY   | PLANET EARTH DAY  | FRIDAY FAVOURITES   |
| MAIN 1        | Oven Baked Sausage & Onion Gravy   | Southern Baked Chicken with BBQ Sauce   | Roast Beef  | Vegetable Slice    | Choose from:<br>Oven Baked Breaded Fish (Pollock)   |
| Main 2        | Quorn Sausage & onion Gravy                   | Broccoli and Cauli Burger, Bun & Salad with BBQ Sauce                | Roasted Quorn Fillet & Gravy               | Vegetable Lasagne    | Cheese & Tomato Quiche                       |
| Carbohydrates | Mashed Potatoes or Wholemeal Penne Pasta      | Baked Sweet Potato Wedges or Wholemeal Penne Pasta                   | Roasted Potatoes or Wholemeal Penne Pasta  | Herby Diced Potatoes or Penne Pasta    | Oven Baked Chips  |
| Vegetables    | Fine Green Beans   | BBQ Baked Beans<br>Red Cabbage Coleslaw   | Savoy Cabbage<br>Fresh Glazed Carrots   | Broccoli Florets<br>Sweetcorn   | Garden Peas<br>Mixed Salad<br>Baked Beans  |
| Desserts      | Fresh Cut Fruit Wedges<br>Organic Yoghurts  | Plum Crumble and Custard<br>Fresh Fruit Salad<br>Organic Yoghurts  | Orange Jelly<br>Organic Yoghurts         | Fresh Baked Cookie<br>Organic Yoghurts   | Ice Cream Pot<br>Organic Yoghurts          |

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# WEEK 3 MENU

w/c 15/11, 6/12



|               | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
|---------------|--|--|--|---|---|
|               | STREET FOOD DAY  | PLANET EARTH DAY   | ORIGINALS DAY  | WORLD FOOD DAY<br>Asian   | FRIDAY FAVOURITES   |
| MAIN 1        | Cheese & Tomato Pizza                         | Mixed Bean & Chickpea Wrap   | :<br>Roast Chicken   | Katsu Chicken Curry fillets<br>Katsu Sauce  | Oven Baked Fish Fingers   |
| Main 2        | Cheese & Leek Flan                            | Sweet Potato, Spinach and Lentil Curry    | Vegetarian Sausages                     | Three Bean Chilli   | Vegan Sausage Roll                       |
| Carbohydrates | Spicy Wedges or Wholemeal Penne Pasta         | Mashed Potatoes or Boiled Rice    | Roast Potatoes or Penne Pasta           | Boiled White and Brown Rice or Penne Pasta   | Oven Baked Chips  |
| Vegetables    | Broccoli Florets<br>Mixed Bean Salad   | Fresh Glazed Carrots   | Garden Peas and Carrots  | Green Beans   | Garden Peas<br>Baked Beans             |
| Desserts      | Fresh Cut Fruit Wedges<br>Organic Yoghurts  | Syrup Sponge & Custard<br>Organic Yoghurts    | Strawberry Jelly<br>Organic Yoghurts  | Freshly Baked Cookie<br>Organic Yoghurts   | Vanilla Ice Cream<br>Organic Yoghurts  |

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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